

INTERNATIONAL YOGA DAY 21ST JUNE 2015

Malla Reddy Institute of Management observed International Yoga day on 21st June 2015. It was a day long program

Chief guest Mr. Venketesh who received the award of “Yoga Ratna” and “Yoga Sanjevani” made the students to practice various “Pranayamas” and “Meditation”

Mr.J.Vijaya Chandra Student of the college and also Yoga master made the students to practice various “Asanas”

An Essay writing competition was held with the topic “Impact of yoga in life”

Principal Dr.Srinivasa Sastry, Program Officer P.Gopinadh Rao, H.O.D. Firooz Ahmed, other Faculty, and large number of students actively participated in the event.



